

Dear Sirs

A list of Naval Points of Contacts (PoCs) is forwarded herewith for wide dissemination to the ESMs. ESMs may contact the nearest PoC for assistance/ guidance and efforts would be made to provide necessary help/ guidance as best feasible.

Though we wish such a situation does not arise, it may be noted that all ESMs are authorised treatment at local MH and accordingly can approach them in case required.

The Army Veteran Organisation (DIAV) has also been approached by us, and they have readily offered to extend all help feasible to our Naval Veterans also. Their contact details are also being forwarded to you.

Veterans must keep in touch with each other especially where they are living in isolated areas without family support.

A list of NF office bearers is also available at DESA website under NF link, in case there is a requirement to link up with retired naval officers in and around your area.

Please be assured that your Navy cares for you all, and all efforts will be made to provide required assistance to our veterans under these trying times.

Best wishes to you all. Take care and stay safe.

Team DESA

Contact No:- 011-24121068

**CONTACT DETAILS**

<u>Ser</u>	<u>Name</u>	<u>Desig</u>	<u>Location</u>	<u>Mobile</u>	<u>AOR</u>
<u>North</u>					
1.	Cdr MD Sharma	CRSO	Delhi	9819865989	Delhi NCR, Haryana, Rajasthan, Punjab, UP
2.	Cdr Dasrath		Delhi	7032069891	
3.	Lt Cdr Anil Kumar Singh	Secy VSF	Jabalpur	9969542079	MP
4.	Capt Ajay Chauhan	Secy VSF	Dehradun	8859004112	Uttarakhand, Himachal Pradesh
<u>West</u>					
5.	Capt Sunil Anand	CRSO	Mumbai	9082683278	Maharashtra
6.	Cdr Raghvendra Singh	NRSO	Lonavala	8588817291	
7.	Capt RR Patil	Secy VSF	Karwar	7625085003	Karnataka
8.	Slt Priyamvada	Secy VSF/ NRSO	Goa	8884431333	Goa
9.	Lt Cdr Juhi Kashyap		South Goa	8004318556 7355936499	
10.	Lt Cdr Hari	RSU	North Goa	8907604604	
11.	Slt Shiv Narayan Singh	Secy VSF	Porbandar	9493640948	Gujarat
12.	Lt Pawan Ojha	RSU	Dwarka	9869173876	
13.	Lt Cdr Babban Kumar	NRSO	Jamnagar	8810592223	
<u>East</u>					
14.	Capt Srikant	CRSO	Visakhapatnam	8848181976	Andhra Pradesh
15.	Lt Cdr Mukesh Kumar	RSU	Circars	9059399853	
16.	Lt Cdr Jitendra Kumar	RSU	Satvahana	9757187910	
17.	Slt Bhanu P Mishra	RSU	Kalinga	8848406396 9447996073	

<u>Ser</u>	<u>Name</u>	<u>Desig</u>	<u>Location</u>	<u>Mobile</u>	<u>AOR</u>
18.	Capt Alok Banerjee	Secy VSF	Kolkata	8334903366	West Bengal, Bihar, Jharkhand and North East
19.	Capt KV Mahadevan	Secy VSF	Chennai	8056097404	Tamil Nadu
20.	Cdr Narayana	RSU	Arakonnam	9444881270	
21.	Cdr S Rajendran	RSU	Tirunelveli	8921688097	
22.	Cdr DM Thampy	RSU	Agrani	9969334553 7708816301	
23.	Lt Cdr Vivekananda	RSU	Parundu	7063909600	
24.	Lt Cdr Jai Shankar	RSU	Hyderabad	9710179716	Telangana
25.	Lt Sneha	Secy VSF	Chilka	7760451287	Orissa
<b><u>South</u></b>					
26.	Capt Alex Jones	CRSO	Kochi	9495741827	
27.	Lt Cdr AS Sogarwal	RSU	Fort Kochi	96181 33966 70170 06843	Kerala Pathanamthitta, Kollam, Idukki, Alappuzha, Kottayam Ernakulam, Thrissur, Palakkad, Trivandrum Malappuram, Kannur, Kasargod, Wayanad, Calicut Lakshadweep and Minocoy Islands
28.	Lt Cdr Sarin	RSU	Venduruthy	94973 50053	
29.	Lt Cdr At Arms Pranjal Bora	Secy VSF	Ezhimala	90497 60945 99698 59110	
30.	Cdr Praveen	RSU	Lakshwadeep	99870 94686	
<b><u>Andamans &amp; Nicobar</u></b>					
31.	Capt Sidharth Verma	CRSO	Port Blair	9711799535 8900943556	A & N

**DIRECTORATE OF INDIAN ARMY VETERANS****COLONEL VETERANS**

<u>Ser No</u>	<u>Name</u>	<u>Area / Sub Area</u>	<u>Contact details</u>	<u>Email Address</u>
1	Col Pradeep Rana	Srinagar	2192 8586965409	veteranssrinagar@gmail.com
2	Col Sharad Shukla	Jorhat	460041-6155, 6655 9127065294 9417936242	colveterans41sa@gmail.com
3	Col Virinder Sidhu	Pathankot	460121-6263, 6264 9810956571	colveteranptk@yahoo.com
4	Col RS Chauhan	Mumbai (Dakshin)	6134,6135 9755094479	colveterans01@gmail.com
5	Brig Rajbir Singh	Ambala	6297 9757257002 8059565286	kkveteranskk@gmail.com
6	Col Munish Tuli	Bhopal	2561 9596897878	bhopalsubarea@gmail.com colveteranpaschimmp@gmail.com
7	Col RJ Singh	Danapur	6214 9888799157	colveteransjbsubarea@yahoo.com
8	Col S Kolay	Pune Camp	2419 9470028171	veteransnodepune@gmail.com 1948ssk@gmail.com
9	Col A Vasdev	Raipur	6208 9418491001 8295910001	cosaveterans@gmail.com
10	Col Balbir Jha	Allahabad	6231 9002015678	veteransbranch.allahabad@gmail.com



<u>Ser No</u>	<u>Name</u>	<u>Area / Sub Area HQ</u>	<u>Contact details</u>	<u>Email Address</u>
11	Col Shekhar Gupta	Jodhpur	420012-6236, 9009067894	veteransbrjosa@gmail.com
12	Col Aditya Negi	Jaipur	6322 7049489733	veterans61sa@gmail.com
13	Col Sushil Kapoor	Guwahati	460051-6134, 9596857171	veterancellguwahati@gmail.com
14	Col MS Kooner	Jalandhar	6432 9596905959	msnsahayata.esm1@gmail.com
15	Col HS Rathore	Bangalore	6323, 9772762999, 080-25559934, SO-9845190840, HC- 8904749285	oicesmbangalore@yahoo.co.in
16	Col Shailesh Singh	Shillong	6104, 9816073701	colveterans101@gmail.com
17	Col Ajay Thorat	Chennai	6277, 9753110544	oicesmchennai@yahoo.com
18	Col AS Saluthia	Leh	6134, 8968620112	asalathia@yahoo.com
19	Col Bharat Dabral	Meerut	6240 9637901290	bharatdabral@yahoo.co.in
20	Col Y Vijay Kumar	Bareilly	6813 9971096465 SO – 8697057964	colveteranuba@gmail.com
21	Col S Sindhu	Mumbai (Uttar)	6244, 9869466432 9472749132	umangveterans@gmail.com

<u>Ser No</u>	<u>Name</u>	<u>Area / Sub Area HQ</u>	<u>Contact details</u>	<u>Email Address</u>
22	Col Sameet Nawani	Dehradun	6235 7830602027	ukveteransbranch@gmail.com
23	Col Samir Kumar Verma	Bengdubi	6575, 6792 9873859760 9873798760	veteranshelpline111@yahoo.com
24	Col Ashutosh Dash	Delhi	36547 8052059031	veteransbranchdelhi@gmail.com
25	Col Rajeev Dhawan	Bengal	410002-6533 22230231 8390953426	veterans-ba@gov.in
26	Col Anirudh Wali	Lucknow	5059, 2379, 2906, 0522-2483961, 9483939804	colveterans.mupsa@gmail.com
27	Col Shailendra Singh	Secunderabad	6273 8437442555	helplineexservicemen@gmail.com
28	Col Vivek Sheel	Jabalpur	460003-6074, 6075 9445230214	colveteranmbarea@gmail.com
29	Col Dinesh Kumar	Udhampur	410005-3707 9876770967	veterancelludhampur@yahoo.com
30	Col Raj Anubhav	Bhatinda	420010-3724, 0164-2291192, 8948189444	veteransbathinda@gmail.com

## COMMANDWISE COVID-19 HELPLINE NUMBERS

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INDIAN ARMY established Commandwise COVID-19 Helpline Numbers

- ☎ Southern Command : 020 - 2634 3188
  - ☎ Eastern Command : 033 - 2210 7434
  - ☎ Western Command : 0172 - 258 9 901
  - ☎ Central Command : \* 0522 - 248 0 727
  - ☎ Northern Command : +91 - 77981 58770
  - ☎ South Western Command : +91 - 88900 14418
  - ☎ HQ Delhi Area : 011 - 2568 3581
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